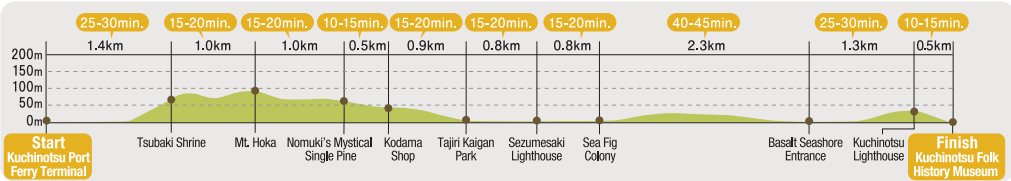




Minamishimabara Course

Distance: 10.5km
Time: 3-4 hours
Difficulty: [Icons]



Relax at an Enjoyable Port Town & View the Rice Paddies



Specialities



Little Grandpa's Oile Burger (weekend only)



Nagasaki's brand-name fish "Hayasakisetō Marbled Rockfish" sashimi



Kuchinotsuko Coffee Roastery



"Shimabara Handmade Somen Noodles" are slightly chewy and easy to swallow

Accommodations

- Kuchinotsu Onsen Shirahama Beach Hotel TEL.0957-86-3030 <http://s-b-h.jp/>
 - Harajo Onsen Masago/TEL.0957-85-3155 <http://www.harajoumasago.jp/>
 - Ryokan Shiro/TEL.0957-85-2148
- Other accommodations are available. See Minamishimabara Himawari Tourist Association's website for details. <http://himawari-kankou.jp/>

About the Shimabara Peninsula
Go to the Shimabara Peninsula and visit Obama Onsen, Unzen Onsen, and Shimabara Onsen. See the Marumaru Shimabara Peninsula website for details.

<Inquiry>

Minamishimabara City Commercial & Tourism Department/TEL0957-73-6632

Access

Fukuoka Airport		
Subway : 5min.	Subway : 5min.	Subway : 11min.
JR Hakata Sta.	Hakata Bus Terminal	Tenjin
Limited Express : 105min.	Highway Bus : 140min.	Nishitetsu Fukuoka(Tenjin)Sta.
JR Isahaya Sta.		Limited Express : 60min.
Isahaya Sta. Bus Stop		Nishitetsu Omuta Sta.
		Omuta Sta. Bus Stop
		Nishitetsu Bus : 10min.(4 per day)
		Miike Port
		Shimatetsu High Speed Ferry : 50min.
		Shimatetsu Bus : 70min.
		Shimatetsu Bus : 100min.
		Shimatetsu Bus : 70min.
		Kuchinotsu

JR Kumamoto Sta.	JR Nagasaki Sta.	JR Sasebo Sta.	Oniike Port
Sanko Bus : 30min.	Limited Express : 20min.	Rapid : 80min.	
Kumamoto Port	Rapid : 30min.		
Kumamoto Ferry : 30min.	JR Isahaya Sta.		
Shimabara Port	Isahaya Sta. Bus Stop		
Shimatetsu Bus : 70min.	Shimatetsu Bus : 100min.		
	Kuchinotsu		

About Parking Lots
Use the free Kuchinotsu Port Greenery Park or Former JSS Center parking lots.

Local Bus
Oya-Hayasaki Loop Bus