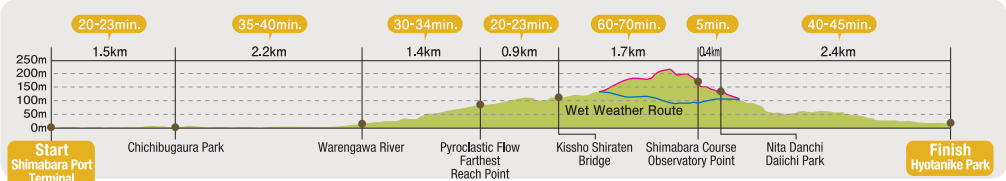




Shimabara Course

Distance: 10.5km
Time: 3.5-4 hours
Difficulty: [Icons]



A UNESCO Global Geopark on the Shimabara Peninsula



TEL 0957-65-5555
Open: 9:00-18:00 (Last admission: 17:00)
Regular exhibition: 1,050 yen for adults;
740 yen for junior and senior high school students;
530 yen for elementary school students
Open all year round/Free parking available



Specialties



Guzoni, a traditional soup containing more than ten ingredients from both mountain and sea



Kanzarashi, a traditional sweet comprising of sticky rice balls chilled with ice-cold spring water, and served in a special syrup



Cherry Beans—a simple deep-fried broad bean snack



Heisei Shinzan Lava Roast Coffee—slow roasted at a low temperature for a milder taste

Accommodations

- Ryokan Kaiboso / TEL 0957-62-2225
<https://kaiboso.com/>
- Hotel Seaside Shimabara / TEL 0957-64-2000
<https://www.seaside-shimabara.com/>
- Shinyama Onsen Uenoyu / TEL 0957-63-2290
<http://www.tsukumo-hotel.co.jp/>
- Toyo Tsukumo Bay Hotel / TEL 0957-62-3111
<http://www.tsukumo-hotel.co.jp/>
- Hotel Nampuro / TEL 0957-62-5111
<https://www.nampuro.com/>

<Inquiry>

Shimabara Tourism Section, Industry Department,
Shimabara City / TEL 0957-63-1111

Access

Fukuoka Airport		
Subway : 5min.	Subway : 5min.	Subway : 11min.
Tenjin		
JR Hakata Sta.	Hakata Bus Terminal	Nishitetsu Fukuoka (Tenjin) Sta.
Limited Express : 105min.	Highway Bus : 205min.	Limited Express : 60min.
JR Isahaya Sta.	Shimabara Sta.	Nishitetsu Omuta Sta.
Shimabara Railway : 70min.	Shimatetsu Bus : 10min.	Nishitetsu Bus : 10min. (4 per day)
Shimabarako Sta.		Miike Port
4min. walk		Shimatetsu High Speed Ferry : 50min.
Shimabara Port		

*Travel times indicated here are all approximate.

JR Kumamoto Sta.	JR Nagasaki Sta.	JR Sasebo Sta.
Sanko Bus : 30min.	Limited Express : 20min. Rapid : 30min.	Rapid : 80min.
Kumamoto Port		JR Isahaya Sta.
Kumamoto Ferry : 30min. Kyushu Ferry : 60min.		Shimabara Railway : 70min.
		Shimabarako Sta.
		4min. walk
Shimabara Port		